



POLICE DEPARTMENT

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 In the Matter of the Disciplinary Proceedings :
 - against - : FINAL
 Sergeant Rayna Rampaul : ORDER
 Tax Registry No. 939829 : OF
 Manhattan Court Section : DISMISSAL
 -----X

Sergeant Rayna Rampaul, Tax Registry No. 939829, having been served with written notice, has been tried on written Charges and Specifications numbered C-032369, as set forth on form P.D. 468-121, dated February 25, 2025 (most recently amended on September 30, 2025), and after a review of the entire record, Respondent is found Guilty of the charged misconduct.

Now therefore, pursuant to the powers vested in me by Section 14-115 of the Administrative Code of the City of New York, I hereby DISMISS Sergeant Rayna Rampaul from the Police Service of the City of New York.

Jessie Tisch
 HONORABLE JESSICA S. TISCH
 POLICE COMMISSIONER

EFFECTIVE: 1/9/20



POLICE DEPARTMENT

December 4, 2025

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In the Matter of the Charges and Specifications :
 - against - :
 Sergeant Rayna Rampaul :
 Tax Registry No. 939829 :
 Manhattan Court Section :

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Case No.
C-032369

At: Police Headquarters
One Police Plaza
New York, NY 10038

Before: Honorable Paul M. Gamble, Sr.
Assistant Deputy Commissioner Trials

APPEARANCES:

For the Department: Timothy Marsh, Esq.
Department Advocate's Office
One Police Plaza, Room 402
New York, NY 10038

For the Respondent: Peter Brill, Esq.
Brill Legal Group, P.C.
176 Lexington Avenue, Suite O
New York, NY 10016

To:

HONORABLE JESSICA S. TISCH
POLICE COMMISSIONER
ONE POLICE PLAZA
NEW YORK, NY 10038

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CHARGES AND SPECIFICATIONS

1. Said Sergeant Rayna Rampaul, while off duty and assigned to the Special Investigations Unit Photographic Squad, on or about November 24, 2024, at a Target store within the confines of Nassau County, New York, engaged in conduct prejudicial to the good order, efficiency, or discipline of the Department, to wit: said Sergeant wrongfully stole items from said store. *(As amended)*

A.G. 304-06, Page 1, Paragraph 1

PROHIBITED CONDUCT

2. Said Sergeant Rayna Rampaul, while off duty and assigned to the Special Investigations Unit Photographic Squad, on or about November 24, 2024, at a Target store within the confines of Nassau County, New York, engaged in conduct prejudicial to the good order, efficiency, or discipline of the Department, to wit: said Sergeant wrongfully possessed stolen property from said store. *(As amended)*

A.G. 304-06, Page 1, Paragraph 1

PROHIBITED CONDUCT

3. Said Sergeant Rayna Rampaul, while off duty and assigned to the Special Investigations Unit Photographic Squad, on or about December 7, 2024, at a Target store within the confines of Nassau County, New York, engaged in conduct prejudicial to the good order, efficiency, or discipline of the Department, to wit: said Sergeant wrongfully stole items from said store. *(As amended)*

A.G. 304-06, Page 1, Paragraph 1

PROHIBITED CONDUCT

4. Said Sergeant Rayna Rampaul, while off duty and assigned to the Special Investigations Unit Photographic Squad, on or about December 7, 2024, at a Target store within the confines of Nassau County, New York, engaged in conduct prejudicial to the good order, efficiency, or discipline of the Department, to wit: said Sergeant wrongfully possessed stolen property from said store. *(As amended)*

A.G. 304-06, Page 1, Paragraph 1

PROHIBITED CONDUCT

5. Said Sergeant Rayna Rampaul, while off duty and assigned to the Special Investigations Unit Photographic Squad, on or about November 20, 2024, at a Target store within the confines of Nassau County, New York, engaged in conduct prejudicial to the good order, efficiency, or discipline of the Department, to wit: said Sergeant wrongfully stole items from said store. *(As added & amended)*

A.G. 304-06, Page 1, Paragraph 1

PROHIBITED CONDUCT

6. Said Sergeant Rayna Rampaul, while off duty and assigned to the Special Investigations Unit Photographic Squad, on or about November 20, 2024, at a Target store within the confines of Nassau County, New York, engaged in conduct prejudicial to the good order, efficiency, or discipline of the Department, to wit: said Sergeant wrongfully possessed stolen property from said store. *(As added & amended)*

A.G. 304-06, Page 1, Paragraph 1

PROHIBITED CONDUCT

REPORT AND RECOMMENDATION

The above-named member of the Department appeared before me on October 30, 2025. Respondent, through her counsel, entered pleas of Guilty to the charged misconduct. Respondent testified in mitigation of the penalty and called Dr. Alexander Gumbs as a witness. A stenographic transcript of the trial record has been prepared and is available for the Police Commissioner's review. Having evaluated all the evidence in this matter, I recommend that Respondent be dismissed from the Department.

SUMMARY OF EVIDENCE IN MITIGATION

Respondent pled guilty to stealing items valued at \$216.26 on three separate occasions from a Target Store in Valley Stream, New York: November 20, 2024; November 24, 2024; and December 7, 2024¹. There is surveillance video from each incident supporting the charges against Respondent.

Respondent testified that she began her career performing patrol duties in the 70th and 67th Precincts before becoming an undercover police officer in Brooklyn South Narcotics. She was promoted to detective before serving with a joint narcotics task force. In 2013, she was

¹ On November 20, 2024, Respondent stole a single item, LaRoche moisturizer; no evidence of the value of the item was offered in evidence (Dept. Ex. 1B). On November 24, 2024, Respondent stole nine items, valued at \$135.41: Old Spice deodorant, Tree Hut Body shave oil, Goodfellow cologne, one container of One a Day Vitamins, three containers of Nature Made vitamins, one container of Flintstone multivitamins, and a Nickelodeon Nerf Blaster (Dept. Ex. 2). On December 7, 2024, Respondent stole six items, valued at \$80.85: four items from the vitamin section (Ricola cough drops, Zarbee's cough medicine, Nature Made vitamins and Beekeeper's lollipops) and two children's items (Moana pillow and a crown/wand set) (Dept. Ex. 4).

promoted to sergeant and assigned to duties in the 83rd Precinct, where she supervised the Street Narcotics Enforcement Unit. She was then transferred to the 13th Precinct Detective Squad in 2015. According to Respondent's testimony, in 2017, she was appointed the commanding officer of the 7th Precinct Detective Squad, where she served for four years, and in 2021, she was appointed the commanding officer of the Special Investigations Unit Photographic Squad (T. 21-25).

Respondent testified that on November 20, 2024, she was informed that her father, who had been diagnosed with cancer two years earlier, was gravely ill and near death. She recounted that she had always idolized her father, a former police inspector in Trinidad, and that the prospect of his imminent death weighed heavily upon her. It was after receiving that news and realizing that she would soon have to travel to Trinidad, that she went to Target to "get some air." She claimed that she was "dazed," operating on "auto-pilot" and experiencing anxiety at the time. Respondent testified that when she went on the self-checkout line, she scanned items without paying attention to what she was doing (T. 29-31).

Respondent testified that on November 24, 2024, she returned to Target to purchase items she intended to bring to Trinidad with her that evening when she was scheduled to fly there to see her father. She testified that she again experienced intense anxiety and did not pay proper attention to the items she scanned at the self-checkout counter. Respondent testified that she had begun "talk therapy" one year earlier, then started seeing a psychiatrist in September 2024. She detailed that she was in Trinidad from November 24 to November 28, when she returned to New York (T. 32-35).

Respondent recalled that on December 7, 2024, she made a trip to Target after taking her young daughter to the hospital on December 6 for what was eventually diagnosed as a chest

infection. While her daughter was released the same day, she continued to have a high fever, with chronic vomiting, and did not sleep through the night. Respondent testified that she made a trip to Target to obtain medication to address her daughter's condition. She described her emotional state as anxious and dazed. Respondent recalled scanning items at a self-checkout counter and experiencing trouble checking out, as some items scanned properly, some scanned twice, and some did not scan at all. She testified that on her way out of the store, she was confronted by loss prevention staff, eventually leading to her arrest by Nassau County police (T. 35-40).

Respondent testified that since her arrest, she has continued therapy, seeing her doctor every two weeks. She claimed that her doctor had long suggested that she be medicated, but she resisted doing so because of the perceived stigma she would face. Respondent testified that since beginning a regimen of anti-anxiety medication, she has experienced a diminution in compulsive thoughts that is leading to a more stable life (T. 40-42). She testified that she has been in treatment with Nurse Practitioner Alexander Gumbs since September 2024 (T. 69).

Alexander Gumbs testified that he is a family nurse practitioner with a doctorate in nursing practice and is a board-certified psychiatric nurse practitioner². He is the chief nurse practitioner at Brooklyn Health Center and is also affiliated with Northwell Health (T. 79-81). Dr. Gumbs testified that Respondent has been a patient of his since September 2024, following the death of one of her close friends in May 2024 (T. 81-82).

Dr. Gumbs testified that after hearing Respondent's description of her conduct in Target on November 20, 24, and December 7, 2024, he diagnosed her with dissociative disorder (T. 105). He explained the diagnosis as "like you are there, but ... not really there, "like you are in

² Dr. Gumbs was permitted to testify as an expert in the field of psychiatry.

shock,” and “autopilot” (T. 108). He conceded that he did not review the video evidence of Respondent as she used the self-checkout counter on the three dates in issue. Under questioning by the Tribunal, he agreed that, based upon his conversations with Respondent, there was “no way” that her actions on the three dates in issue could have been deliberate and that they must have occurred because of a dissociative disorder (T. 137).

PENALTY

In order to determine an appropriate penalty, this Tribunal, guided by the Department’s Disciplinary System Penalty Guidelines, considered all relevant facts and circumstances, including potential aggravating and mitigating factors established in the record. Respondent’s employment history was also examined. (*See* 38 RCNY § 15-07) Information from her personnel record that was considered in making this penalty recommendation is contained in an attached memorandum.

Respondent, who was appointed to the Department on January 9, 2006, has pleaded guilty to all six charges. The presumptive penalty for engaging in conduct proscribed by New York State law that is classified as a petit larceny is termination; the mitigated penalty is forced separation (Matrix, p. 20). The presumptive penalty for engaging in conduct proscribed by New York State law that is classified as a misdemeanor is 30 penalty days; the aggravated penalty is termination (Matrix, p. 20). The penalty range for conduct prejudicial to the good order and efficiency of the Department includes a mitigated penalty of training through an aggravated penalty of termination (Matrix, p. 46). The Department Advocate seeks termination; I agree.

Respondent has enjoyed a distinguished career spanning nearly twenty years, earning a well-deserved reputation for professionalism. The letters of support submitted by her colleagues and friends, as well as her evaluations, are evidence of her dedication to this Department and the

people it serves. Unfortunately, the misconduct Respondent committed over a period of 18 days is so serious that it will end that career. Even if this Tribunal were to consider the incidents occurring on November 20, 2024, November 24, 2024, and December 7, 2024, as offenses that merged with each other, Respondent still committed three separate acts of theft.

While this Tribunal is mindful of the emotional burden the impending death of a parent, the loss of a close friend, and the illness of a child can place on individuals, these are conditions of life that affect us all. Members of Service must safeguard their own mental and emotional well-being, as the nature of their duties exposes them to unique stressors that the public may not experience. Based upon the facts in this record, however, those circumstances in Respondent's life did not cause her to become so unmoored from reality that she was unable to perform the core responsibilities of a Member of Service and a parent. During this period, she reported to her command and supervised a squad of police officers, drove from her home to her place of work, and provided daily care for her child. By her pleas of guilty, Respondent has acknowledged that she committed three separate thefts on three different dates, stealing property for which she did not pay from a Target store each time.

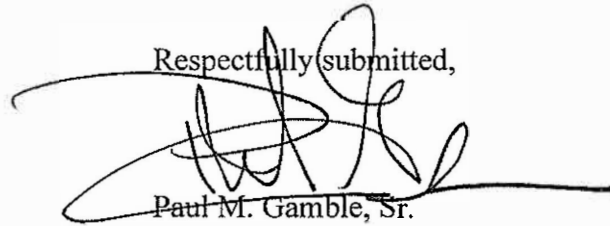
The evidence Respondent offered in mitigation does not warrant a penalty short of termination. Dr. Alexander Gumbs' opinion testimony regarding Respondent's state of mind at the time she committed the charged offenses reaffirmed the stresses she was experiencing. Still, I do not credit his opinion that she was unaware of her actions at the time or that she committed these thefts due to a dissociative disorder.

While the Department Advocate did not argue that there were aggravating factors in this case, Respondent's position as a supervisor and the adverse impact of this misconduct on the Department, regarding its mission and reputation, are also established by the evidence. She was

arrested on December 7, 2024, by Nassau County police officers and was eventually charged by the Nassau County District Attorney's office. Respondent had to appear in court to dispose of the criminal matter with an Adjournment in Contemplation of Dismissal. Furthermore, the commission of three separate incidents of theft within such a brief period is itself aggravating.

Based upon the totality of the evidence, I recommend that Respondent be DISMISSED from this Department.

Respectfully submitted,



Paul M. Gamble, Sr.

Assistant Deputy Commissioner Trials

APPROVED

JAN 09 2026
Jesse Tisch
JESSICA S. TISCH
POLICE COMMISSIONER



POLICE DEPARTMENT CITY OF NEW YORK

From: Assistant Deputy Commissioner – Trials
To: Police Commissioner
Subject: SUMMARY OF EMPLOYMENT RECORD
SERGEANT RAYNA RAMPAUL
TAX REGISTRY NO. 939829
DISCIPLINARY CASE NO. C-032369

Respondent was appointed to the Department on January 9, 2006. On her three most recent performance evaluations, she received a 4.0 rating of “Highly Competent” in February 2025, and twice received 5.0 ratings of “Extremely Competent” for 2022 and 2023. She has been awarded three medals for Meritorious Police Duty and one medal for Excellent Police Duty.

Respondent has no formal disciplinary history. In connection with the instant matter, Respondent was suspended without pay from December 7, 2024, through January 5, 2025. Additionally, she was placed on Level 2 Discipline Monitoring in February 2025; that monitoring remains in effect to date.

For your consideration.

Paul M. Gamble, Sr.
Assistant Deputy Commissioner Trials